



SCVAA | **2010**
Warrior
Cheer

2010 Parent Pack

www.cheer.scvaa.com

**Santa Clarita Valley Athletic Association
(SCVAA)**

To: All Parents, Athletes and Trainers
From: SCVAA Cheer Board Members

On behalf of the SCVAA Cheer Board, welcome to another exciting season of Cheerleading! SCVAA is a non-profit organization that promotes sports for the youth of Santa Clarita Valley. The sports include: Cheerleading, Football, Track & Field and new to our program... Cross Country.

SCVAA Cheer is made up of a board of directors, squad leaders and trainers that are all volunteers. These volunteers are parents, much like you, who share the same joys and responsibility of cheerleading. Since this is all done on a volunteer basis, your help, support, and cooperation is critical for this program to be a success. To ensure that a few individuals are not doing the work of many, we encourage each parent/guardian to participate in helping to accomplish the functions of the organization.

To help you understand the philosophy of the SCVAA Cheer organization, we are providing you with this Parent Packet. In it you will find information regarding our organization's purpose and useful information concerning conduct and rules for both the cheerleaders and the parent/guardian.

Hopefully, many of your questions will be answered by reading this packet. If you have further questions or wish to review any of the points contained within this packet, please feel free to contact ANY of the following individuals:

BOARD MEMBERS

Jenni Millan	Cheer Director	jennimillan@yahoo.com
Michelle Edwards	Treasurer	medwards958@yahoo.com
Carrie Stuart	Secretary	castuart@lasd.org
Patty Ortiz	Merchandise/Supplies	psortiz99@scvaa.com

MEMBERS AT LARGE

Susan Lieberman - citha2@aol.com

Tracy O'Sullivan	Natalie Valdes	Gabby Connolly
Patty Kaiser	Patricia Salazar	

Thank you and again we look forward to a wonderful season!

SCVAA Cheer Board Members

GENERAL PURPOSE STATEMENT

The Santa Clarita Valley Athletic Association (SCVAA) intends to provide and promote a safe, healthy and positive attitude atmosphere for the youth of our community in the sport of Cheerleading. We will do our best to provide experienced trainers to teach and coach a variety of cheers and cheerleading skills and techniques.

As SCVAA is a non-profit organization, all trainers and adult personnel are volunteers. Your continued help in the various functions of our association is greatly appreciated and is vital to a successful season. Any assistance you can offer our team allows for an enjoyable experience for all.

Cheerleaders are a big part of a successful football program; therefore, the spirit of friendly competition is embraced by similar, self-supporting organizations such as the Pacific Youth Football League Program (PYFL).

Let us all work together to make this season an enjoyable and memorable experience for our children.

Listed below are the 16 Chapters within the Pacific Youth Football League:

Agoura/Oak Park Eagles	Burbank Vikings
Calabasas Raiders	Camarillo Roadrunners
Canyon Country Outlaws	Castaic Cougars
Moorpark Saints	Newbury Park Steelers
North Oxnard Warriors	Oxnard 49ers
Port Hueneme Rhinos	Santa Clarita Warriors
Simi Valley Patriots	Thousand Oaks Titans
Valley Bengals	Ventura Packers

PROGRAM INFORMATION

GENERAL BEHAVIOR

Cheerleaders/parents are expected to display appropriate behavior and respect on and off the field. This includes conduct towards adults, squad leaders, trainers, fellow athletes and competitors. Only authorized personnel will be allowed on the field (squad leader, trainer). Decisions on the field made by officials will be honored and respected. Likewise, criticism by mouth or gesture will not be tolerated from any football player, cheerleader, squad leader, trainer, coaches, parents, fans or spectator from our team or opposing teams. ***Physical or verbal abuse or threats of any kind will not be tolerated.*** Any individual unable to display acceptable behavior will be asked to leave the field by the field director. Parents will emphasize an attitude of “Team Work” and “Good Sportsmanship” for the athletes at all times. Failure to comply will result in termination from the program.

RULES AND GUIDELINES

These rules are for the safety and protection of all individuals associated with SCVAA Cheer. All organizational rules listed in the Parent Packet must be respected. Failure to adhere to these rules will result in termination from the current season and possible termination from SCVAA.

As with any athletic activity, additional costs may be incurred throughout the season. They include:

Stunt Clinic (Mandatory for competition and stunting)
Cheer/Football Banquet
Fundraising

TEAM/DIVISION BY AGE

Cheerleaders are placed on teams according to their ages as of December 2, 2010. Athletes must be 5 years of age but not older than 14 years of age by December 2, 2010. Athletes attending ninth grade or high school are prohibited from participating.

SQUAD LEADERS

Cheer parents will be needed to manage each squad. Interested parents/guardians may fill out a Cheer Parent Interest form at registration. These individuals will be notified of the cheer parent meeting. Your help and participation is the key to a successful season.

ATTENDANCE

It is critical that your children not miss any practice time. Cheerleaders must attend practices in order to maintain a cohesive squad. Please make every reasonable effort to be at practice on time. If a cheerleader is absent for two games or five practices, the athlete may be removed from the squad at the discretion of the squad leader and cheer board. **THIS RULE WILL BE STRICTLY ENFORCED.** Mascots are excluded.

PRACTICES

Practice will begin Monday, August 9TH and will be held Monday through Thursday from 5:30 p.m. – 7:30 p.m. at Central Park. Beginning the week of September 6th, practice will be held on Tuesday and Thursday only.

Please note: All dates and times are subject to change due to the availability of practice locations and trainers.

DROP OFF AND PICK UP

Cheerleaders should be at practice 10 minutes before practice start time and be picked up **PROMPTLY** at the end practice. Cheer parents are responsible for waiting until a parent arrives. Please make every effort to pick up your athlete promptly. Persistent tardiness in picking up an athlete could result in the athlete being dropped from the program. Parents are encouraged to stay at practice to observe and support their cheerleader to excel.

**PARENTS OR GUARDIANS OF MASCOTS MUST BE PRESENT
AT ALL PRACTICES AND GAMES.**

PRACTICE UNIFORMS

Safety and enjoyment is important at practice. Practice uniforms will consist of any stretch or gym type short and may not be denim or have belt loops. Cheerleaders must wear appropriate shirts. **NO BELLY SHIRTS, KNOTTED SHIRTS, or HALF SHIRTS.** Shirts must be tucked in. Cheerleaders will wear cheer shoes to practice, no exceptions! Before receipt of cheer shoes, flat bottom tennis shoes must be worn. **NO BODY JEWELRY** is to be worn at practice or games. **Collecting jewelry at practice is not the responsibility of the squad leader or trainers.**

WATER AND SNACK

SCVAA Cheer does not provide water. Cheerleaders must bring their own water to practice. Please mark water bottles with athletes name. **NO SNACKS OR FOOD ARE ALLOWED AT THE PRACTICE AREA.** Please make sure that all trash is picked up when leaving the practice field.

CONDITIONING

Conditioning is a part of this program not only to prevent injury, but also to build a cohesive team. Conditioning consists of but is not limited to running, push ups, stretching, jumping jacks etc. If your child is too sick or injured to participate in conditioning, they are too sick or injured to practice. ***No athlete will be allowed to practice if they did not participate in conditioning.*** This is for the safety of themselves as well as their squad.

STUNT CLINIC

Stunt clinic is MANDATORY FOR ALL CHEERLEADERS who wish to stunt and/or participate in stunts. There is an additional fee for stunt clinic. If an athlete does not attend stunt clinic, that athlete's feet may not leave the ground, **NO EXCEPTIONS!!**

RAIN

In the event of rain, practice will be cancelled unless an indoor facility can be procured. In the event of rain at a football game, the squad leader will make the determination to continue or not.

GAME DAY

All home games will be held at Hart High School or Valencia High School football fields. A regular season consists of 8-9 games between the times of 8:00 a.m. and 8:00 p.m. Athletes should arrive at games at least one hour before game time. Athletes will be dressed in their cheer uniforms or they will not be permitted to participate. First regular season game is Saturday, September 11, 2010.

Parents/Guardians of mascots must be present at all times. Squad leaders will provide game schedules to the cheerleaders approximately one week before the first game. If a football team makes it to the playoffs, attendance is still required by your athlete regardless of cheer competition or practice.

GAME UNIFORMS

Cheerleading is a sport and your athlete is part of a team. Uniforms must match. Cheerleaders must be in **FULL** uniform for all games. Cheerleaders not in full uniform will not be permitted to cheer.

The cheerleaders' uniform consists of: shell, skirt, body liner, briefs, socks, cheer shoes and hair ribbon. Cheer shoes are required for cheerleaders including mascots and are included in the program. Additional items may be required.

EDUCATION

SCVAA believes education is the pillar to success. All athletes must maintain a “C” average throughout the season. Athletes’ grades that drop below that average must notify their squad leader. Inability to maintain a “C” average may be cause for removal from the squad. Parents must monitor their child’s progress and provide the first progress report to your squad leader as soon as available.

In an effort to emphasize the importance of maintaining scholastic ability in conjunction with athletic ability, the SCVAA in cooperation with local school districts, awards a Scholastic Achievement plaque to all active players that maintain a “B” (3.0) grade point average or better during the playing season. The plaque is engraved with the student’s name, year & sports symbol in which he/she is participating. A special President’s Award is presented to players that maintain a **straight “A” average**. The Scholastic Achievement Application is included with this packet or can be obtained online at www.cheer.scvaa.com under the Download Forms section.

Applications are due by Thursday, October 21st, **NO EXCEPTIONS**.

** In order for a cheerleader to receive a scholastic achievement award, applications must be turned into cheer **NOT** football.

Applications turned into football will NOT be acknowledged.

REFUND POLICY

Due to the nature of the sign up and commitment, there are
NO REFUNDS – NO EXCEPTIONS!

RETURN CHECKS

There is a \$30.00 service fee on any RETURNED CHECK payable to SCVAA Warrior Cheer. This is in addition to any charges your bank may apply. You may be responsible for up to 3 times the amount of your check.

Checks and credit cards are accepted with proper identification. Failure to make payment will result in your athlete becoming ineligible to participate. Please be advised that an additional \$20 will be added to all credit card purchases.

IMPORTANT

The following items are required in order for your athlete to participate in the SCVAA Cheer program:

- SCVAA Contract – to be completed at registration.
- Physical Examination Form – each athlete must have a recent physical exam (within the last 6 months) in order to participate in the program. Physical exams may be obtained by your personal physician, Walk-In Clinic or First Care. **Physical forms must be turned in prior to or on the first day of practice.**
- Birth Certificate – a photocopy of your child’s birth certificate should be provided at the time of registration or by the first day of practice.

If your child was born in Los Angeles County and you need a copy of a birth certificate, please contact one of the following:

Birth Records
L.A. County Recorder
Los Angeles
(213) 974-6621

Birth Records
Registrar-Recorder
Lancaster
(661) 723-4494

If you child was born outside of Los Angeles County, contact the county registrar in that county.

If you have any questions, please contact ANY member of the Cheer Board for assistance.

ANY ATHLETE MISSING ANY OF THE ABOVE INFORMATION WILL NOT BE PERMITTED TO PRACTICE OR CHEER AT ANY GAME UNTIL ALL INFORMATION HAS BEEN RECEIVED. THIS IS A REQUIREMENT FOR OUR INSURANCE – NO EXCEPTIONS!

IMPORTANT DATES

REGISTRATION DATES

ONLINE REGISTRATION – March 1, 2010 thru July 15, 2010
May 1, 2010 – Valencia High School ROTC Building 8AM – 2PM

UNIFORM FITTING(S)

May 1, 2010 – Registration Day @ Valencia High School
May 13, 2010 – VHS 6PM – 8PM

***A parent must be present at uniform fitting to sign off on sizes. Uniforms cannot be returned for incorrect sizing. If a parent is not present for sizing, SCVAA Cheer will not be held liable for ill-fitting uniforms.

ALL CHEERLEADERS MUST WEAR A BATHING SUIT OR LEOTARD UNDER THEIR CLOTHES.

PARENT MEETING

July 15, 2010 – Parent Meeting VHS Stadium Bleachers 7pm

STUNT CLINIC

Cheer Camp will be replacing the mandatory Stunt Clinic that is required for ALL Cheerleaders.

Cheerleaders (Age 8 – 14)

June 22nd and 23rd – VHS Multi Purpose Room 3:30pm – 7:30pm

Mascots (Age 5 – 7)

June 23rd – VHS Multi Purpose Room 5:00pm – 7:00pm

PACIFIC YOUTH FOOTBALL LEAGUE

PLAYER/CHEERLEADER PHYSICAL FORM

Season: 2010

Chapter: SCVAA

Section I. PHYSICAL DESCRIPTION & CONDIT/ON - SIGN-UP

Participants Name _____

Height: _____ Ft. _____ In. Weight: _____ Lbs.

Hair: _____ Eyes: _____

Section II. HEALTH HISTORY

Family Physician: _____ Phone: _____

Other Caregiver: _____ Phone: _____

Current Medications: _____

Preferred Emergency Room: _____

Hospital: _____

Current Problems	Yes	No
Asthma		
Kidney Injuries		
Head Injuries		
Shoulder or Hip Injuries		
Heat Stroke		
Diabetes		
Heart Condition		
Other		

Section III. MEDICAL EXAMINATION

Heart	Weight	Blood Pressure	Temp
Ears	Eyes	Nose	Lungs
Skin	Teeth	Hernia	Abdomen
Extremities			

REMARKS: Please check appropriate block.

While this examination does not constitute a complete Medical Examination, it does on this date, on my observations, meet the requirements for participation in the youth football program.

The individual examined by me on this date is considered "not" physically qualified to participate in this youth football program for the following reasons: _____

EXAMINED BY _____ DATE _____ SIGNATURE _____

ADDRESS _____ OFFICE PHONE _____

**SANTA CLARITA VALLEY ATHLETIC ASSOCIATION
WARRIOR FOOTBALL & CHEERLEADING**

Scholastic Achievement Application Form

Turn this form in no later than October 21, 2010

No forms will be accepted after this time

Your form *MUST* be turned into the appropriate organization: i.e. cheer to cheer & football to football.

In an effort to emphasize the importance of maintaining scholastic ability in conjunction with athletic ability, the SCVAA in cooperation with local school districts, awards a Scholastic Achievement plaque to all active players that maintain a "B" (3.0) grade point average or better during the playing season. The plaque is engraved with the student's name, year & sports symbol in which he/she is participating. A special President's Award is presented to players that maintain a **straight "A" average**.

PARENT'S SECTION: This section must be completed & signed by the child's parent/guardian in order for the child to receive their award.

School	Child's Name
Sport	Team/Coaches Name

As the parent/guardian of the student named above, I give my permission to release my child's grades to the Santa Clarita Athletic Association.

Date	Parent's Signature
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INSTRUCTIONS:

For players in Kindergarten-6th Grade: Complete the Parent's section above. Be sure the parent/guardian signs the form in the space provided before sending this form to school for the teacher to complete.

For players in Grade 7 or higher: DO NOT SEND THIS FORM TO SCHOOL. Complete the Parent's section & attach a photocopy of the student's current school year report card/progress report.

Only academic subjects are considered—no electives!

Any forms turned in past the due date will not be eligible for award consideration.

TEACHER'S SECTION:

Since all schools in this area do not grade on the same system, we have used multiple definitions. Please use the wording that most conforms to the system used in your school. **Please make sure that there are at least 4 academic subjects listed & they are designated: i.e. Reading, Math, English, etc.** Thank you.

Subject	A or H Outstanding	B Satisfactory+	C Satisfactory	D or F Unsatisfactory	Teacher's Initials
Course Name Math					
Course Name Reading					
Course Name English/ Language Arts					
Course Name Spelling					
Course Name Social Studies					